

Wayne State University
Proceedings of the Student Affairs Committee
November 28, 2018

Present: Deanna Cavanaugh, Margit Chadwell, Jennifer Crystal, Bilal Hammoud, Carolyn Herrington, Michael Horn, Sandra Oliver-McNeil, Victoria Pardo, Rachel Pawlowski, Shauna Reevers, Brad Roth, Krysta Ryzewski, Ali Salamey, Naida Simon, David Strauss, Jennifer Wareham

Absent with Notice: Kristina Curtiss, Pamela Dale, Kelly Driscoll, mark wenzel

Guests: Stuart Baum, Ali Fakih, Jeff Kuentzel, Stef Kastely

Presenters: Jeff Kuentzel, Stef Kastely

Naida called the meeting to order at 1:32 pm. The Agenda was adopted unanimously and the Minutes from October 10th were adopted as written.

Our speakers today are Dr. Jeff Kuentzel, Director of CAPS and Stef Kastely, Suicide Prevention Coordinator. The main topic is “What is WSU doing to address Student Suicide?” Jeff gave a three major point PowerPoint presentation.

Point 1: WSU Suicide Prevention Initiative: This is part of the Substance Abuse and Mental Health Services Administration (SAMHSA). The WSU website is suicideprevention.wayne.edu. The grant is a four year grant from 2017 – 2020. It is a matching grant; \$105,000 was from the federal government and WSU had to match it. It is part of the Garrett Lee Smith Memorial Act (2004) which authorized \$82 million dollars in seed grants towards suicide prevention. The goal was designed to impact the campus as a whole by creating a permanent infrastructure change for prevention services and has impacted about 4,000 persons directly over a three year period. It has two types of training (1) Kognito training which is a 15 – 45 minute interactive avatar-based online training and (2) Mental Health First Aid (MHFA) training which is an 8 hour in-person training. Kognito has three modules Veterans, LGBT and At-risk. It is an evidence based longitudinal study with data collected from 2014 – 2018 over multiple states (46) and institutions (163). MHFA is the help offered to a person developing a mental health problem or experiencing a mental health crisis. First aid is given until appropriate treatment and support are received or until the crisis resolves. MHFA was developed in Australia in 2001. As of 2016 1.7 million people have been trained. They are trained in the ALGEE method: (**A**ssess, **L**isten, **G**ive, **E**ncourage, **E**ncourage). MHFA for Higher Education was designed specifically for colleges and universities. To date WSU has 2 certified trainers.

Point 2: JED Campus Project: It is a 4 year externally funded project. Its strategic plan has fifteen parts and each part is ranked green, yellow or red. WSU has no green rankings. The idea is to continually improve to meet the needs of students and staff.

Point 3: A quick CAPS update: CAPS had a \$500,000 budget increase starting in FY 17. CAPS hired four additional counselors, 1 receptionist and three pre-doctoral psychology interns. For year one of the program the intern program was not funded, but those funds were spent to

renovate and add seven new offices. There has been an increasing demand for CAPS services. CAPS cannot staff its way out of the problem. It needs to look at a new service model and is. The Waiting List issue is problematic. Every person who comes for service is triaged and is assessed as urgent, semi-urgent or non-urgent. Those assessed as non-urgent are placed on the waiting list; semi—urgent are assigned to the top of the list and urgent are directly assigned to a therapist. Students on the waiting list are provided with other referrals such as the College of Education Counseling and Testing Center, Psychology Clinic (cost) and Campus Health Center. CAPS does have group counseling. If a student’s status changes to a more severe assessment, his/her status changes and he/she is seen immediately if in crisis. Residential students are three times more likely than commuting students to seek help. The more residential a college is, the higher the suicide rate per student. The national rate of student suicide is seven per 100,000 and WSU has one suicide per year. The wait list length varies as the semester progresses. Protocall is the after-hours crisis telephone service. The number is 313-577-9982. This service is underutilized. We pay for 50 calls/month and the use varies from 20 – 25 calls/month. We would have to pay the cost of any additional calls over 50. There are certain red flag words like Ibuprofen, aspirin and other NSAID products that signal a potential suicide risk. There is a crisis text line and instructions state to text HELLO to 741741. There is also the Suicide Prevention Lifeline at 1-800-TALK (8255). Their website is suicidepreventionlifeline.org

Contact Information: Jeffrey Kuentzel, email: ad6821@wayne.edu; Phone: 313-577-3398; Stef Kastely, email: ck0732@wayne.edu; Phone: 313-577-5041.

We discussed who would bring what goodies to our pot luck lunch. Bilal will give me a count as to how many students will attend. I will forward it to the committee as soon as I get it. Here is the final list:

- a. Entrée: Sandwiches (Naida and Barbara Jones)
- b. Other entrée: [Jambalaya] (Krysta Ryzewski)
- c. Vegie entrée: (Jennifer Crytsal)
- d. Chips and condiments: (Deanna Cavanaugh)
- e. Soft drinks (Jen Wareham)
- f. Plates, cups, napkins and plastic ware (Pam Dale)
- g. Desserts [Brad Roth, Mike Horn, Ali Salamey and Kristina Curtiss]
- h. Salad and Hummus (Bilal Hammoud)
- i. Pasta Salad (Rachel Pawlowski)

The meeting was adjourned at 3:05.

Next meeting December 12er 28, 2018 at 12:00 pm in 3339 FAB. This is our pot luck holiday lunch.